



MINUTES FROM
JULY 21, 2024, SUNDAY
REDWOOD STOA GROUP MEETING
MET ONLINE USING ZOOM
10:00AM–12:00PM PT

Attendees: Simon, Larry, Nate, Mike, Michael T., Michael B., Alan, John, Andrey

This month's theme: *Justice*

Open discussion:

- Participating in the justice and legal systems
- Looking out for people beyond only yourself
- Considering equity and fairness
- Recognizing what actions are in our control

Stoic practice

- Simon bought special equipment for a new staff member who wanted not the equal type but a type more equitable for them.
- Larry has been freely offering his work management skills to those seeking justice in politics.
- Michael T. has been compassionately investing time to help the homeless.
- Michael B. has been studying Latin, recognizing his ability to memorize new material relative to other students' is not in his control.
- Nate has been journaling in the morning and evening, preparing for difficult work.
- Mike justly said yes to his own wellbeing when feeling personally exhausted by his company's culture.
- Alan has been sharing temperance with an anxious coworker, listening to his worries.
- Andrey has been tempering his emotions when dealing with family struggles.
- John has recognized what is in his control, accepting a family emergency as a part of his life.

Reports and Announcements:

- The Stoic Fellowship — Globally Connected – Locally Engaged
 - <http://www.stoicfellowship.com/>
- Fremont Stoics
 - <https://www.meetup.com/fremont-stoics/>
- MeetUp fees are \$200/year (Apr & Oct). Thank you to those who have donated!

Group goals achieved:

- We met!



Next Month's Meeting:

- Next meeting will be in Virtual Space, on **August 18, 2024**
- Next month's theme: **Wisdom**

Zoom Meeting Chat Log:

10:04:12 From Alan H. L. to Everyone:

hi everyone! Making some coffee, brb

10:04:37 From Simon to Everyone:

Redwood Stoa Jargon List Link>>>

[https://docs.google.com/document/d/1-](https://docs.google.com/document/d/1-rqb3he7uoBsk6KtjHgoqFuFwDvilzGORk8E1hdR9Yw/edit?usp=sharing)

[rqb3he7uoBsk6KtjHgoqFuFwDvilzGORk8E1hdR9Yw/edit?usp=sharing](https://docs.google.com/document/d/1-rqb3he7uoBsk6KtjHgoqFuFwDvilzGORk8E1hdR9Yw/edit?usp=sharing)

10:04:45 From Michael B to Everyone:

JAN - Rational by Nature

FEB - Judgment & Assent

MAR - Desire & Aversion

APR - What is in our Power

MAY - Temperance

JUN - Fortitude

JUL - Justice

AUG - Wisdom

SEP - Reflection (HCR Library)

OCT - Living in Accordance with Nature (Tilden)

NOV - Gratitude

DEC - Social by Nature

10:41:00 From Larry Berger to Everyone:

The Academy "Definitions":

dikaionê (justice/morality)

The unanimity of the soul with itself, and the good discipline of the parts of the soul with respect to each other and concerning each other; the state that distributes to each person according to what is deserved; the state on account of which its possessor chooses what appears to him to be just; the state underlying a law-abiding way of life; social equality; the state of obedience to the laws.

10:41:39 From Larry Berger to Everyone:

Donald Robertson on how Stoic meaning is different:

10:41:58 From Larry Berger to Everyone:

This is perhaps the most problematic translation. Our modern word "justice" seems too formal or narrow for what the Stoics meant. The Stoics don't just mean what's just in the legal sense but what would be moral in our dealings with others more generally. For instance, they take it to encompass a mother's attitude toward her children or our sense of piety toward the gods. In the past it was therefore often translated more



broadly as “righteousness”, or some modern authors simply refer to it as social virtue or morality. Its opposing vice occurs when we are unjust or do wrong by another person morally.

10:42:07 From Larry Berger to Everyone:

We’re told that it was composed mainly of the subordinate virtues of kindness and fairness. So although it may not be apparent from the word “justice” this is a much broader concept of social virtue, which encompasses the numerous references to kindness, benevolence, or goodwill toward others found in Stoic writings, particularly throughout The Meditations of Marcus Aurelius. Indeed, Marcus actually says that justice is the most important of the virtues.

10:42:21 From Larry Berger to Everyone:

You can view justice largely as moral wisdom applied to our actions, particularly in relation to other people individually or society as a whole. Stobaeus says that it is the knowledge of the distribution of proper value to each person or fair “distributions”, i.e., in relation to preferred indifferents (external things). Diogenes Laertius says the Stoics divided justice mainly into impartiality (isotês) and kindness/courtesy (eugnômosunê). It may have correlated with the Stoic topic of Ethics, including politics, and what Epictetus calls the applied Discipline of Action (or Impulse to Act, referring to our voluntary intentions).

11:05:17 From Larry Berger to Everyone:

Biden Drops Out of Race

11:16:34 From John Knighton to Everyone:

https://www.google.com/url?sa=t&source=web&rct=j&opi=89978449&url=https://www.amazon.com/What-Money-Cant-Buy-Markets/dp/0374533652&ved=2ahUKEwjR_Lfg3riHAXZJTQIHUTqDWsQFnoECEoQAQ&usg=AOvVaw079EWK4gqq067dkXkLuBRu

11:18:34 From John Knighton to Everyone:

On Duties/De Officiis - Cicero (and Panaetius)

11:30:11 From Michael B to Everyone:

https://en.wikipedia.org/wiki/Ric_Flair

11:36:50 From John Knighton to Everyone:

Thanks, Michael!

11:37:10 From John Knighton to Everyone:

J Kn will be back in a few minutes....

11:52:05 From Larry Berger to Everyone:

Sounds like Alan's opening hypothetical (Andrey arrived after)

12:03:18 From Mike to Everyone:

Alameda

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It's pleasant to do and will help the group effectively plan future events! Follow us too!

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